

# INFORMATION ABOUT BASIS

(BASIS = Specialized Treatment for inmates who have committed a sexual offense)

## **What is BASIS and who is it for?**

BASIS is a voluntary treatment service offered to a subgroup of inmates convicted of a sexual offense. This subgroup consists of persons considered to be in need of specialized treatment offered by the Specialized Mental Health Service.

The first assessment of treatment needs is conducted by the Correctional Service, using the STATIC99R tool. STATIC-99R maps factors of each individual's criminal case history to indicate risk of relapse. You are entitled to access this information.

## **Where can you find BASIS?**

The treatment service is offered in the following prisons:

- North region: Tromsø Prison / Trondheim Prison (including the Leira & Kongensgate section)
- East region: Halden Prison / Romerike Prison, Ullersmo & Kroksrud section and The Youth Center in Eidsvoll / Ila Prison & Detention section / Bredtveit Prison & Detention section
- West region: Bergen prison / Bjørgvin Prison, including Youth section
- Southwest region: Åna Prison / Agder Prison (2021)
- South region: Nordre Vestfold Prison, Horten section / Søndre Vestfold Prison, Berg section & Larvik section

## **What kind of treatment is BASIS?**

The treatment consists of individual therapy sessions with a psychologist, and starts during your prison sentence. The treatment can be continued after release at an outpatient Service. The number of sessions as well as their interval is determined based on your individual needs, as assessed by your treatment provider, in cooperation with you.

You will need to work cooperatively with your psychologist to develop a treatment plan. The treatment in BASIS follows the framework of "the Good Lives Model". Some important topics in the therapy sessions will be: What are your life goals? How can you achieve your goals and live a good life without crime/harmful behavior?

### **How to get more information about the treatment:**

If you want more information, please contact one of these sources:

- Officers in your section
- BASIS – coordinator
- The Prison Health Service

If you are in the BASIS target group, you can ask for more information about the treatment approach from a BASIS psychologist.

### **How to access the treatment service:**

If you are considered to be a potential BASIS patient and would like to be included, the prison doctor will refer you to the BASIS treatment service. The BASIS psychologist will start by having a conversation with you, and then decide if more meetings are necessary before treatment begins. The BASIS psychologist can either offer you treatment in BASIS or suggest other options that are more suitable for you.

If you are a candidate for BASIS and want treatment, you can be transferred to one of the BASIS prisons if the Correctional Service considers it safe.

### **How to apply for transfer to a BASIS prison:**

If you have had a conversation with the prison doctor/health service in prison and there is agreement that you might benefit from BASIS treatment, you can apply for transfer to a BASIS prison. Please write an application for transfer and deliver this to an officer in your section. Ask the officers or the local BASIS coordinator for help if you need it.

### **Other options:**

In addition to BASIS, some prisons offer treatment and programs to inmates convicted of sexual offenses. Some of these are group based, others have an individual treatment format.

Please contact an officer or the medical staff for more information.