PRC European Palliative Care Research Centre

15th International Seminar

of the European Palliative Care Research Centre (PRC)

📅 **10–11 November 2026**

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Carrer de la Feixa Llarga, s/n, 08907 L'Hospitalet de Llobregat, Barcelona

Conference room: “Salón de Actos”

Research & Innovation:

Shaping the Future of Palliative Care

Oslo University Hospital

Institut Català d'Oncologia

EUnetCCC ONEFORALL

Societat Catalano-Balear de Cures Pal·liatives

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NORWEGIAN CANCER SOCIETY

On behalf of the host institution, **Institut Català d'Oncologia (ICO)**, and the **European Palliative Care Research Centre (PRC)** at Oslo University Hospital, we are pleased to welcome you to the beautiful city of **Barcelona.**

This seminar provides a unique opportunity to exchange knowledge, foster collaboration, and explore innovative approaches in palliative care. Central to our discussions is the commitment to **patient-centred care**, ensuring that treatment strategies reflect the needs, values, and preferences of patients and families.

Equally important is the emphasis on **palliative care**, which remains a cornerstone of comprehensive cancer treatment and a critical factor in improving quality of life. Comprehensive Cancer Centres also play an important role in strengthening the capacity needed to advance integrated cancer care, research, and innovation. By integrating these principles and considering the broader role of digitalisation, we aim to advance research and clinical practice for the future.

We look forward to inspiring conversations, shared learning, and building stronger networks across Europe and beyond.

WELCOME TO BARCELONA!



Day 1 | 10. November 2026	
7:30–8:45	**Registration and Poster Setup**
9:00–9:20	**Welcome and Opening Remarks** • **Prof. Stein Kaasa** Director of PRC, Oslo University Hospital and University of Oslo, Norway • **Prof. Barry Laird** Scientific Committee Lead, Oslo University Hospital and University of Oslo, Norway • **Dr. Jesús González-Barboteo** Local Committee Lead, Catalan Institute of Oncology, Spain • **Prof. Joan Brunet** General Director, Catalan Institute of Oncology, Spain • **Prof. Ernest Nadal** Director of Research and Innovation, Catalan Institute of Oncology, Spain
9:20–9:35	**Welcome lecture** ***Integration of Palliative Care at ICO: A Comprehensive Cancer Centre Reference Model for the Developing European Network of Comprehensive Cancer Centres*** Jesús González-Barboteo, Catalan Institute of Oncology, Spain
9:40–10:30	**From Low Tech to High Tech: Researching Technological Innovations for Palliative Care** Chairs: **Anna Reyners,** University Medical Center Groningen (UMCG), the Netherlands **Miguel Mateu-Sanz,** Institut Català d'Oncologia (ICO) - L'Hospitalet, Spain
9:40–10:00	***Technology and Palliative Care: A Changing Landscape*** Christoph Ostgathe, Universitätsklinikum Erlangen, Germany
10:00–10:15	Abstract: ***Technical Considerations for Integrating Electronic Patient-Reported Outcome Measures into Electronic Health Record Systems: A Practical Framework for Clinicians*** Floortje van der Geest, University Medical Center Groningen (UMCG), University of Groningen (RUG), the Netherlands
10:15–10:30	Abstract: ***Co-designing scalable digital patient-centred care in oncology: Insights from the MyPath & ESMO DC Workshop*** Morena Shkodra, Oslo University Hospital, Norway
10:30–11:15	**Coffee Break | Poster Session**
11:15–13:00	**Innovations in Patient-Centred Care Models** Chairs: **David Currow,** College of Medicine and Public Health, Flinders University, Australia **Nicoleta Mitrea,** University of Transilvania and Hospice Casa Sperantei, Brașov, Romania

11:15–11:35	***Advance Care Planning and Incorporation Into the Digital Health Record*** Breffni Hannon, Princess Margaret Cancer Centre, Toronto, Canada
11:35–11:50	Abstract: ***Early Supportive vs Standard Care in Phase I Cancer Trials: A Randomized Controlled Trial*** Anna Casellas-Grau, Observatory of the Catalan Institute of Oncology (ICO), Spain
11:50–12:05	Abstract: ***Distress Trajectories in Hematologic Malignancies: Relevance for Timely Palliative Care Integration*** Simone Boesch, University Teaching Hospital Feldkirch, Austria
12:05–12:20	Abstract: ***Indicators for Assessing the Integration of Palliative Care into Routine Cancer Care: A Scoping Review*** Miguel Mateu-Sanz, Institut Català d'Oncologia (ICO) - L'Hospitalet, Research and Knowledge Group in Palliative Care (GRICOPAL) - IDIBELL, Spain
12:20-12:35	Abstract: ***Palliative care day hospital for patients with advanced cancer: a French multicentric randomized clinical trial*** Carole Bouleuc, Cheffe de département Soins de Support et Soins Palliatifs de l'Institut Curie Paris, France
12:35–12:50	Abstract: ***Preliminary results of the MISTRAL randomized trial: structured PROM-driven interventions improve distress in outpatient oncology palliative care*** Giacomo Massa, Università degli Studi di Milano, Fondazione IRCCS Istituto Nazionale dei Tumori, Italy
13:00–13:15	*Walk to lunch*
13:15–14:15	**Lunch & Networking** at the *Hyatt Regency Barcelona Tower*
14:15–14:30	*Walk back from lunch*
14:30–15:40	**Advancing End-of-Life Care: New Research and Clinical Practice** Chairs: **Augusto Caraceni,** Fondazione IRCCS Istituto Nazionale dei Tumori, Italy **Mogens Grønvold,** Bispebjerg and Frederiksberg Hospital, University of Copenhagen, Denmark
14:30–14:50	***Findings from the IHOD (InHOspital Dying) Study*** Pål Klepstad, St Olav University Hospital and Norwegian University of Science and Technology, Norway
14:50–15:05	Abstract: ***Wish to Hasten Death in the Outermost Region of the Azores: A Bioethical Perspective based on a Qualitative Study with Interviews and Focus Groups*** Sandra Martins Pereira, CEEAplA, Fundação Gaspar Frutuoso, Universidade dos Açores, Portugal
15:05–15:20	***The Chelsea 2 Study: A cluster randomised trial of clinically assisted hydration at the end of life*** Barry Laird, Oslo University Hospital and University of Oslo, Norway

15:20–15:35	Abstract: ***Perception of symptom and symptom relief among relatives, nurses, and physicians in hospital end of life care*** Oddrun Sandrød, St. Olavs Hospital, Trondheim University Hospital, Norway and Norwegian University of Science and Technology (NTNU), Trondheim, Norway
15:40–16:00	**Short break - Leg stretch**
16:00–17:00	**Symptom Management in Palliative Care** Chairs: **Jesús González-Barboteo,** Catalan Institute of Oncology, Spain **Morena Shkodra,** Oslo University Hospital, Norway
16:00–16:20	***Symptom Management in Palliative Care: Needs, Guidelines, and Digital Futures*** Paul Howard, Mountbatten Hospice and St Mary's Hospital, Isle of Wight, United Kingdom
16:20–16:35	Abstract: ***Pooled analysis of three recent, large, multi-site placebo-controlled RCTs of regular, low-dose sustained morphine for the symptomatic reduction of chronic breathlessness in COPD*** David Currow, College of Medicine and Public Health, Flinders University, Australia
16:35–16:50	Abstract: ***Impact of Opioids on Survival and Symptom Control in Patients with Cancer Treated with Immune Checkpoint Inhibitors: A Systematic Review and Meta-Analysis*** Agnès Calsina-Berna, Catalan Institute of Oncology (GRICOPAL), Spain
16:55–17:00	**Closing Remarks** By **Tonje Lundeby**, Oslo University Hospital and University of Oslo, Norway

19:30–	**Networking Dinner and Social Event** ▪ **Sant Pau Modernist Complex** ○ **Guided Tour** (60 min) followed by ○ **Social gathering** with light food and refreshments Directions: *Carrer de Sant Antoni Maria Claret, 167, Horta-Guinardó, 08025 Barcelona*

Day 2 | 11. November 2026	
7:30–8:20	**Registration and Poster Setup**
8:30–8:40	**Welcome** By **The PRC Head Office,** Oslo University Hospital and University of Oslo, Norway
8:45–10:45	**Collaborating for Clinical Impact: Advancing Patient-Centred Care Across Europe** Chairs: **Per Sjögren**, St. Luke's Foundation, Denmark **Maria Nabal-Vicuña**, Hospital Universitario Arnau de Vilanova Lleida, Spain
8:50–9:00	***How to Implement Palliative Care Into Mainstream Cancer Care?*** Stein Kaasa, Oslo University Hospital and University of Oslo, Norway
9:00–9:08	***EUnetCCC*** Josep M. Borràs, University of Barcelona, Spain
9:08–9:16	***JANE2 (WP6)*** Augusto Caraceni, Fondazione IRCCS Istituto Nazionale dei Tumori, Italy
9:16–9:24	***PAL-CYCLES*** Jeroen Hasselaar, Radboud University Medical Centre, Nijmegen, The Netherlands
9:24–9:32	***MyPath*** Tonje Lundeby, Oslo University Hospital and University of Oslo, Norway
9:32–9:40	***PREFERABLE*** Anouk Hiensch, University Medical Center Utrecht, The Netherlands
9:40–9:48	***ENACT-65*** Barry Laird, Oslo University Hospital and University of Oslo, Norway
9:48–9:56	***INSPIRE*** Matthew Maddocks, King's College London, United Kingdom
9:56–10:04	***EUonQoL*** Mogens Groenvold, Bispebjerg and Frederiksberg Hospital, University of Copenhagen, Denmark
10:04–10:12	***Quality of Life – Patient Centred Care (QoL-PCC) Cluster*** Giacomo Massa, Università degli Studi di Milano, Fondazione IRCCS Istituto Nazionale dei Tumori, Italy
10:20–10:45	***Panel Discussion*** Moderators: **Per Sjögren and Maria Nabal-Vicuña** Panelists: *Stein Kaasa, Josep M. Borràs, Augusto Caraceni, Jeroen Hasselaar, Tonje Lundeby, Anouk Hiensch, Barry Laird, Matthew Maddocks, Mogens Groenvold and Giacomo Massa.*
10:45–11:30	**Coffee Break | Poster Session**

11:30–12:15	**Award Ceremony – G. W. Hanks Lecture** Chair: **Stein Kaasa,** Oslo University Hospital and University of Oslo, Norway **Award winner: Professor Irene J. Higginson** *Cicely Saunders Institute and King's College London, United Kingdom*
12:15–12:30	*Walk to lunch*
12:30–13:30	**Lunch & Networking** at the *Hyatt Regency Barcelona Tower*
13:30–13:45	*Walk back from lunch*
13:45–15:00	**Advancing Practice Through Education and Implementation** Chairs: **Tonje Lundeby,** Oslo University Hospital and University of Oslo, Norway **Christoph Ostgathe,** Universitätsklinikum Erlangen, Germany
13:45–14:05	***Ethics in the Development and Implementation of Novel Interventions in Clinical Research in Palliative Care*** Sandra Martins Pereira, CEEAplA, Fundação Gaspar Frutuoso, Universidade dos Açores, Portugal
14:05–14:20	Abstract: ***Palliative medicine deserves its place: a European taxonomy of official recognition pathways for physician training*** Carlos Centeno, ATLANTES Global Observatory of Palliative Care, University of Navarra, Spain
14:20–14:35	***Education and Workforce Development*** Nicoleta Mitrea, University of Transilvania and Hospice Casa Sperantei, Brașov, Romania
14:35–14:50	Abstract: ***Does training in spiritual care improve palliative care professionals' self-care and quality of life? A pre-post interventional study*** María Nabal-Vicuña, Hospital Universitario Arnau de Vilanova Lleida, Spain
15:00–15:15	**Closing Remarks and Awards** By **The PRC Head Office,** Oslo University Hospital and University of Oslo, Norway • Best Oral Abstract Presentation • Best Poster Award
15:15–15:30	**Looking Ahead: Welcome to the Next PRC Seminar** *Join us as we reveal the destination and host institution for the next PRC Seminar.* Chair: **Stein Kaasa**, Oslo University Hospital and University of Oslo, Norway
15:30	**End of Seminar and Departure** *Safe travels*