

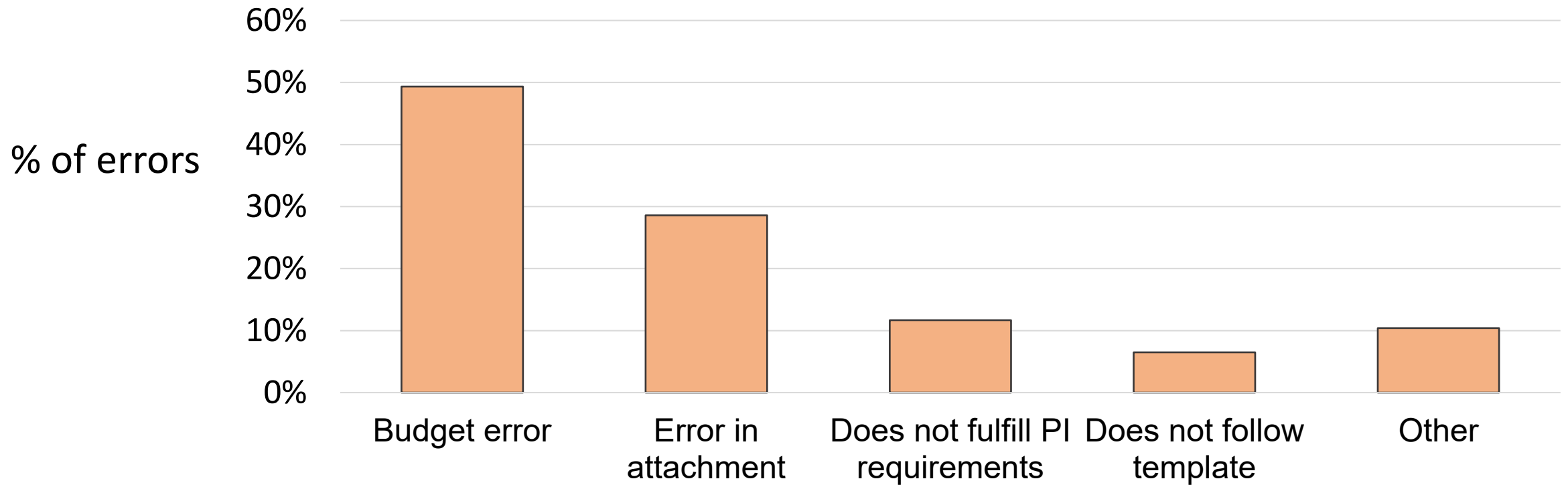
Call for applications - regional research funding for 2026

Formal requirements

Why care about formal requirements?

- From 2021-2025, 4,7 % of all OUS applications to HSØ were rejected due to formal errors
- In addition, 2-4 applications per year are rejected due to lack of internal approval at OUS (by Department Head)
- These applications are weeded out in administrative procedures
- Are never seen by reviewers...

Most common formal errors in HSØ applications from OUS 2021-2025



Eligibility Requirements for Principal Investigators (PIs):

- Must hold a doctoral degree (PhD or equivalent)
- Must be employed in at least a 20% position at an eligible institution
- The PI's primary affiliation must be within the Helse Sør-Øst health region
- Must be under the age of 70 at the time of application

Eligibility Requirements for Principal Investigators (PIs):

- A Principal Investigator (PI) may submit only one application through their affiliated institution in this call for proposals
- The maximum annual funding per PI is NOK 4.5 million per year, including both ongoing and new research projects
- The PI must serve as the main supervisor or co-supervisor for any PhD candidates associated with the project

PhD grant

- Candidate should not be named
- Award period: 3 years – 100 %, or 6 years – 50 %
- Award amount: NOK 1 400 000* for 2026
- Start date: Before 1st December 2026

*lump sum: includes salary costs, indirects costs and operating costs. It is not possible to apply for additional operating costs in this category.

Postdoctoral fellowship

- Without a named candidate, if the application is not the PI's own grant application.
- Award period: 3 years – 100 %, or 6 years – 50 %
- Award amount: NOK 1 400 000* for 2026
- Start date: Before 1st December 2026
- Dissertation must be approved before start

*lump sum lump sum: includes salary costs, indirects costs and operating costs. It is not possible to apply for additional operating costs in this category.

Open project support

- A larger researcher-initiated project
- Award period: Up to 3 years
- Award amount: NOK 1-3 million per year up to 3 years
- Start date: Before 1st December 2026

Open project support – budget - general

Budget must:

- Be complete
- Correspond to projects aims and content
- Cover the calendar years 2026, 2027 and 2028, even if the project starts after 1st January 2026
- The project's total budget must be made visible in the project description. Helse Sør-Øst RHF's contribution and what is financed by other funding sources must be clearly stated.

Open project support – budget elements

- PhDs, postdoctoral and researcher positions
- other research/support personnel
- operating costs

Open project support – budget elements - PhDs and postdoctoral fellowships

- Follow guidelines for the PhD/postdoctoral fellowships (lump sum and project duration equivalent of 3 years)
- Candidates must remain unnamed

Open project support – budget elements – researcher positions

- Actual salary costs must be stated
- The candidate must have a PhD and at least a 20% position at an eligible institution
- Names can be included in the application
- No limit to the number of years a researcher candidate can be funded by Helse Sør-Øst RHF

Open project support – budget elements – other research personnel and support personnel

- Technical personnel, study nurses, etc.
- The job title, %FTE*, salary and duration *must be stated in the budget*
- The need for all positions and their role(s) in the project should be made visible in the project description
- Must be employed at the applicant institution

* FTE= Percent Full-Time Equivalent, e.g. 100% FTE = full-time position, 50% FTE = half-time position

Attachments

- Submit all mandatory attachments
- Remember correct page number for attachment
- The project description and attachments must be in English
- All documents must be converted to pdf format before uploading in e-søknad
- The project description should be uploaded as a separate pdf file, while all other documents must be collected in one pdf file.

Take home messages:

- 1. Review the call and all formal requirements carefully**

Ensure compliance with guidelines, the template and eligibility criteria.

- 2. Start the electronic application form early**

This gives you time to resolve any technical or content-related issues.

Take home messages:

- 3. Prepare the budget with care**
- 4. Upload all required attachments well in advance**
Avoid missing documents/ wrong attachments
- 5. If in doubt, contact Forskningsstøtte**

Good luck with your applications!



We're here to help: grants@ous-hf.no

Eligible institutions

Helseforetak:

Akershus universitetssykehus HF
Oslo universitetssykehus HF
Sunnaas sykehus HF
Sykehusapotekene HF
Sykehuset i Vestfold HF
Sykehuset Innlandet HF
Sykehuset Telemark HF
Sykehuset Østfold HF
Sørlandet sykehus HF
Vestre Viken HF

Ideelle, private sykehus:

Betanien Hospital
Diakonhjemmet Sykehus
Lovisenberg Diakonale Sykehus
Martina Hansens Hospital
Revmatismesykehuset

Ideelle, private institusjoner:

Beitostølen helsesportsenter
Capio Anoreksi Senter
CatoSenteret
Frambu senter for sjeldne diagnoser
Modum Bad
Rehabiliteringssenteret AiR
Skjelfoss Psykiatriske Senter
Tyrilistiftelsen
Unicare Rehabilitering, enhetene i Helse Sør-Øst